



# Pacific Brook Christian School

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## Newsletter Friday 2<sup>nd</sup> February 2018

### Upcoming Events:

#### **Wednesday 7<sup>th</sup> February**

5:00pm BBQ

6:00pm Parent Information Evening

#### **Wednesday 14<sup>th</sup> February**

1:00pm BBQ Lunch

1:30pm Official Opening of School

The school year at Pacific Brook Christian School has had a great start. The students have settled into their classes and begun their learning adventures for the year.

One of the best aspects of being a teacher is seeing the different talents of each of the students, and how they use and improve their skills. In the Old Testament book of Exodus, after God had led the Israelites out of slavery in Egypt, it tells the account of Bezalel and Oholiab. Bezalel and Oholiab had special skills in metalwork and other crafts. But what is interesting is how they used their skills. They didn't use their skills to make great products they could sell, or to decorate their homes. No, they made many things that were used in the worship of God. In this way they used their skills to serve God, and the Israelite community.

God has given each one of us abilities and talents. Can we use our talents and abilities to serve God, and others, as well as ourselves?

One of the things we want students to know is that we can serve God by doing the best in all circumstances, and using our skills to help and serve others.

David O'Hara  
Principal

### **Official Opening of Pacific Brook Christian School**

Make a note of the date of February 14<sup>th</sup>! Not only is it Valentines Day, but it is also the Official Opening of Pacific Brook Christian School.

The event will begin at 1:00pm, with a BBQ lunch. At 1:30pm the official opening ceremony will begin.

Everyone is welcome to attend, and this will be a special event in the life of the school. It will be great to see you there.

## **Parent Information Evening**

On Wednesday the 7<sup>th</sup> of February we will be holding a BBQ from 5pm. We will be serving sausage sandwiches and there will be tea and coffee for adults. This will be a great chance to meet other families and the school staff. Everyone is invited.

From 6pm we will be holding a Parent Information Evening in the Primary classroom. The teachers will be explaining some of the things your child will be learning this year, and there will be time for questions. The evening will finish at 7pm.

## **Fruit Break**

This year we have decided to implement a short fruit break during the morning Literacy session. This is to allow children to refuel and rehydrate so that they can continue to concentrate and learn well through the morning.

Children who choose to bring fruit or vegetables for the fruit break will eat the fruit during the middle part of the Literacy lesson, at around 10am.

Children can bring fresh fruit or vegetables, such as a banana, an apple (cut into pieces already will make it easier), grapes or carrot sticks. If you would like your child to participate in this fruit break please ensure that the fruit has been cut up and placed in a suitable container which the child will find easy to open and close. No fruit will be able to be peeled or chopped by the teacher.

This fruit break will encourage healthy eating habits, which is something that Pacific Brook Christian School staff see as an important aspect of healthy living choices.

In the Community Announcements of the newsletter is information from the Cancer Council about how to pack a healthy lunchbox.

## **2018 Term Dates**

The terms dates for this year are as follows:

Term One	30 <sup>th</sup> January to 13 <sup>th</sup> April
Term Two	1 <sup>st</sup> May to 6 <sup>th</sup> July
Term Three	30 <sup>th</sup> July to 28 <sup>th</sup> September
Term Four	16 <sup>th</sup> October to 13 <sup>th</sup> December

## **Please do not bring egg, nut or seafood products into Pacific Brook Christian School**



Anaphylaxis is a potentially life threatening condition where sufferers are susceptible to severe allergic reaction to certain foods and other things in the environment. Since the safety of the children in our care is of the utmost importance, Pacific Brook Christian School aims to be an egg, nut and seafood free school. As such, please do not send any foods to school containing these items. Please see the website for more information about alternatives to popular foods and recipes.

Thank you for your assistance in helping keep all our students healthy and safe.

## Community Announcements

 Nutrition Snippet

# The simplest way

...to pack a lunch box is here!

The task of packing a healthy school lunch is now easier with the launch of our exciting new Healthy Lunch Box website [healthylunchbox.com.au](http://healthylunchbox.com.au)

The new website shows how easy it can be to pack a healthy lunch box that your kids will love.



It features an interactive lunch box builder that enables you to plan your kids' lunches on your phone, desktop or tablet - it's quick, easy and the kids will love helping too!

Healthy recipes and tips on adding more fruit and veg to lunch boxes will help set your child on a path of lifelong healthy eating to reduce their cancer risk.

**Visit [healthylunchbox.com.au](http://healthylunchbox.com.au) for recipes & information you can trust.**

For more information visit [www.eatittobeatit.com.au](http://www.eatittobeatit.com.au) or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)

**Eat It To Beat It** 

### **Scone Soccer**

Club Fun Day Feb 10, 9:30am at Scone Sports Complex. We have Zorb Soccer (U18's must have parent/guardian present to sign waiver, 18+ to sign waiver), Registration Info, Mini games, fun activities, canteen & jumping castle. Open for all to come along.

Scone Football Club Inc (Soccer) registrations open FEB 1. You can use your Active Kids Voucher when registering. Registrations will close on MARCH 24 and NO registrations will be taken after that date. Register at [www.playfootball.com.au](http://www.playfootball.com.au), please email any enquiries to [sconefc@huntervalleyfootball.net.au](mailto:sconefc@huntervalleyfootball.net.au)

Town Comp runs on Saturday mornings from May to mid-September.

Intertown Comp players: your registrations close on FEB 28 & season is mid April-mid Sept.